

CMHA, York Region Branch Presents... *Breaking the Silence!*

Annual General Meeting Monday, June 28, 2010

An evening with Valerie Pringle, Award-Winning Television
Broadcaster, and her daughter Catherine Pringle

We are proud to have both
Valerie and her daughter
Catherine Pringle speak at our
Annual General Meeting.

Valerie and Catherine discuss
Catherine's battle with anxiety
and in working to battle stigma
associated with mental illness.



Event Cost - \$10.00 per ticket

5:30 pm Annual General Meeting
Reception

7:00 pm Valerie and Catherine Pringle

Richmond Hill Centre for the Performing Arts
10268 Yonge Street in Richmond Hill

To purchase tickets, contact 905-853-8477 / 1-866-208-5509 ext 8225
Visit our website at www.cmha-yr.on.ca for more information.